



**Brain Injury  
Alliance**  
I O W A

**25th Annual  
Best Practices in Brain Injury Services Conference**

**“Shattering the Myths,  
Unmasking the Opportunities”**

**Break Out  
Thursday, March 2, 2017  
4:00pm-5:00pm**

***Cheryl Clark***

Cheryl earned a Master’s Degree in Family Consumer Sciences Education for ISU, 35 years of experience with Iowa State University Extension & Outreach in facilitating programs for families in Iowa. Expertise in early childhood education, parenting and caregiving.



**Powerful Tools for Caregivers Overview**

Come experience a small part of Powerful Tools for Caregivers, workshop series designed especially for those who care for family members or others with the diminished capacity to care for themselves. Participants will understand the broad goals and outcomes of PTC and know how a program could be offered in their community.

**Objective:**

- Share an overview of PTC; it’s purpose, intended audiences, Structure, and outcomes for participants.
- Lead workshop attendees in short, experimental segment of an actual PTC session
- Connect workshop attendees with Iowa State University Extension & Outreach resources on caregiving

**Target Audience:**

Case managers, counselors, professionals

\*Not limited to target audience